



***By day the Lord directs his love, at night his song is with me -  
a prayer to the God of my life. Psalm 42:8 (NIV)***

The writer of this Psalm emphasizes the two parts of one day: the day and the night. These encompass *the whole day*. He is involved in everything. God's love is always with us. I like the way the New Living Translation puts it:

*But each day the LORD pours his unfailing love upon me, and through each night I sing his songs, praying to God who gives me life. Psalms 42:8 (NLT)*

God's love and commitment to our welfare is our hope. The Israelites needed hope because their enemies surrounded them. They were living close to their threat. Where is your threat? God will give you hope. Verse 8 breaks into the middle of the Psalm with confidence. God is directing the affairs of my life because He loves me.

Another reminder of hope is verse 6 which is repeated in verse 11.

*Why are you downcast, O my soul? Why so disturbed within me? Put your hope in God for I will yet praise him, my Savior and my God.*